

# Video Continuing Education Form

Advanced Continuing Education (or A.C.E.)  
P.O. Box 1266  
Asheville, NC 28802

NCBTMB Provider #312464-00

## Request for CE Credits for the Massage Cupping™ Video

- Please complete this form and mail to A.C.E. at the above address. Please include a check for \$40 for 12 CEs.
- You must complete the exam and evaluation forms and enclose with this form.
- Upon passing the exams, you will receive a transcript and a wall certificate for 12 CE credits (NCBTMB).

**Please note:** It may take up to four weeks to process exams and mail certificates.

Please let us know if there is a rush on your filing.

\*\*\*\*\* **IMPORTANT** \*\*\*\*\*

**Please be sure to check with your state board  
as to how many home study CE's they will accept per renewal period!**

NAME \_\_\_\_\_  
ADDRESS \_\_\_\_\_  
CITY, STATE, ZIP \_\_\_\_\_  
PHONE \_\_\_\_\_  
EMAIL \_\_\_\_\_  
PRACTITIONER LICENSE# \_\_\_\_\_

**Thank you for your interest!**

# Video Evaluation Form

## Massage Cupping™ Bodywork

Please complete the following questions and return with your **exam form** to:

**Advanced Continuing Education (or A.C.E.)**

**P.O. Box 1266**

**Asheville, NC 28802**

This form is required by the NCBTMB for the national CE's, and is valuable to ensure quality programming in subsequent videos.

DATE: \_\_\_\_\_

	Excellent	Good	Fair	Poor
1) The video thoroughly conveyed the concept of Massage Cupping™ Therapy.	1	2	3	4
2) The content of this program met my clinical/work needs.	1	2	3	4
3) The content of this program was at an appropriate educational level.	1	2	3	4
4) I will be able to use this information in my practice.	1	2	3	4
5) The material was presented in a clear and organized manner.	1	2	3	4
6) The handouts improved the program.	1	2	3	4
7) The video length was appropriate.	1	2	3	4
8) The pauses in the video were helpful.	1	2	3	4
9) To what degree did the video meet my expectations?	1	2	3	4
10) Was the pace comfortable?	1	2	3	4
11) Please share some additional observations and comments. (i.e. The instructor's style of presentation, suggestions for future videos, visual impact of the video, etc.)				

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Thank you!

# Examination Form

## Massage Cupping™ Bodywork

Please complete the following questions and return with the Video Evaluation Form to:

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**Asheville, NC 28802**

The test will be graded with 75% correct as a passing value. This is required to acquire your certificate and transcript for 12 NCBTMB credits. (Allow up to four weeks for processing.)  
**Please be sure to check with your state board as to how many video CE's they will accept.**

Please use an extra sheet of paper for additional answer space and note the question numbers with each answer.

1) Describe the origins of cupping therapy.

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2) What are the circulatory effects of Massage Cupping™ therapy?

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3) Name five benefits of Massage Cupping™ for the client.

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4) Name three benefits of Massage Cupping™ for the practitioner.

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5) What are the three "intensity factors" in Massage Cupping™?

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6) Describe the two types of equipment.

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7) What is a "cup kiss"?

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8) What is "flash cupping"?

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9) Name five conditions that respond to Massage Cupping™.

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10) Name three types of movements used in Massage Cupping™.

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11) How do you loosen the cup?

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12) Name three benefits of Massage Cupping™ for cellulite treatment.

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13) Name two Massage Cupping™ movements that can only be done with the manual vacuum set.

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14) Drain the \_\_\_\_\_ areas of the extremities before the \_\_\_\_\_ areas when working the lymph.

15) When Massage Cupping™ the *colon*, use \_\_\_\_\_ movements to calm irritation and \_\_\_\_\_ movements to activate peristalsis.

16) Name five of the seven movements of Massage Cupping™.

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17) How warm should the client be in the Aromatherapy Cocoon?

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18) How often are the sessions for a series of Aromatherapy Cocoons?

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19) A single Aromatherapy Cocoon can be performed for conditions such as \_\_\_\_\_ , \_\_\_\_\_ and \_\_\_\_\_ , or in a series to assist in \_\_\_\_\_ and \_\_\_\_\_ .

20) How often should the Face Lifting and Drainage treatments be performed?

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21) The Face Lifting and Drainage treatment is designed to: a. \_\_\_\_\_; b. \_\_\_\_\_; c. \_\_\_\_\_; d. \_\_\_\_\_; and e. \_\_\_\_\_.

22) Begin the face treatment by draining the \_\_\_\_\_ first.

23) How do you clean the equipment?

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24) Use the negative polarity micro cups for: a. \_\_\_\_\_; b. \_\_\_\_\_; c. \_\_\_\_\_; and d. \_\_\_\_\_.

25) Magnets cannot be used on people with \_\_\_\_\_.

26) Massage Cupping™ is an \_\_\_\_\_ to regular massage services and also to create new treatments, such as the Heaven and Earth.

27) The positive pole magnets are integrated with the negative by: a. \_\_\_\_\_  
and b. \_\_\_\_\_ .