

MASSAGE CUPPING® BODYWORK

Two-day SPECIAL WORKSHOP in FRANCE!

MAY 8-9, 2010

A wonderful ancient tool has found its place in the modern world of healing. Massage Cupping® therapy is bodywork that is powerfully therapeutic for many conditions. The incredible results that a simple treatment produces have truly impressed those who have experienced its subtle power. By creating suction and negative pressure, Massage Cupping® therapy is used to release rigid soft tissue, drain excess fluids and toxins, loosen adhesions and lift connective tissue, and bring blood flow to stagnant skin and muscles.

Massage Cupping® bodywork is a versatile addition to any spa or private practice and complements many healing modalities including massage therapy, chiropractic, spa therapies, physical therapy, nursing and aesthetics. The method can easily be modified to accomplish a wide range of techniques from lymphatic drainage to deep tissue release techniques. Equipment is easy to use and the therapy is fun and effective.

Massage Cupping® therapy is successful in relieving chronic pain and also addresses common conditions such as: fibromyalgia, diabetes, pre- and post-op edema and inflammation, chronic edema, scar tissue and adhesions, and cellulite. The versatile movements quickly and comfortably accomplish goals such as **athletic performance enhancement, body contouring, and detoxification**. Used regularly, Massage Cupping® bodywork is a terrific approach to promote wellness for clients and physical ease for therapists.

The two-day workshop is fun and informative, with plenty of hands-on activity. The training includes education in theory and applications along with basic and advanced techniques and treatments. Don't miss an opportunity to add one of the most valuable and versatile healing modalities available to your "toolbox" **while you play near Saint-Tropez!**

www.massagecupping.com



Training & Lodging Costs:

\$350 for training
Includes 2-vol. DVD, an \$80 VALUE!

\$35 per/ 2 person room/per night

\$25 per/ 3 person room/per night

STAY AS LONG AS YOU LIKE!

Fresh Healthy Meals:

\$5 breakfast \$14 for lunch or dinner

\$30 for all three meals

Lodging and Meals Contact :
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www.locationenprovence.com



ANITA J. SHANNON is the Director of Advanced Continuing Education, and has presented numerous workshops on Massage Cupping® bodywork therapy since 2002. Anita has been published on this subject in **Massage Today, Massage Magazine and Les Nouvelles Esthetique**. She has published two educational videos on Massage Cupping bodywork therapy and is currently writing a book on the subject.

Supplies Needed for Class: *One sheet set, one small towel, unscented massage oil, lotion or cream & YOU!*